



## **2024 Pacific Youth Association Coach Pitch/T-Ball Rules**

650 South 6<sup>th</sup> Street, Pacific, MO 63069

**GOAL:** Teach basic catching, throwing, hitting, and base running skills.

**GAME DETAILS:** The base paths will be 50 feet in length and pitcher's mound will be 38 feet from the home plate. Regulation games are 1 hour in length (all innings started MUST be completed in full). If time limit is almost up, DO NOT start another inning. No new innings after 55 min.

### **EQUIPMENT**

1. All batters, base runners, and players on deck, MUST wear protective headgear.
2. Players supply their own gloves and bats. Tennis shoes are allowed at this age.

### **OFFENSIVE RULES**

1. Three coaches may be used on offense. One to assist the batter and two coaches for coaching the bases.
2. Each player is placed in number sequence for the batting line-up. Every player bats each inning. If a player cannot bat his/her turn, the batting order continues.
3. Outs do not count; they are unlimited until the whole line-up has batted for that inning. If a player makes an "out", they stay on the field and continue to run. This continues until the team goes through their line-up one time. The last batter can run the bases until he/she touches home plate (homerun).
4. The batter can attempt 5 swings from pitches thrown by the coach. If after 5 swings the player does not put the ball in play, the batter must use the tee. The coach will place the ball on the tee and the player cannot hit the ball until that coach yells "play ball".
5. When the ball is hit into the outfield, the batter may run the bases until the ball is returned to the infield dirt. The runner must stop at the base he/she is at. If he/she is advancing to the next base already, he/she may continue to the next base.
6. Runners may ONLY take one base on balls which stay on the infield.
7. Lead offs and stealing are NOT ALLOWED.

### **DEFENSIVE RULES**

1. Three coaches may be used to assist the defense. They are to be located behind the infield and in front of the outfield.
2. The defensive team will field all players.
3. Each inning players must be rotated.

### **COACHES/MANAGERS**

1. You MUST always set a good example of GOOD SPORTSMANSHIP for all players and spectators.
2. Coaches will meet before the beginning each game to go over ground rules and cover any questions.
3. Injured player MUST be attended to immediately.
4. Coaches or coordinators are responsible for forwarding all practices, games, and events to the players in a timely manner.
5. Remember to keep it simple. Every coach should be more concerned with the players learning how to play the game rather than who wins or loses (no score will be kept). There are NO losers, we are all winners! Always use ENCOURAGEMENT AND ENTHUSIASM!